



Gilford High School

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Accredited Member

Anthony Sperazzo, Principal
Timothy Goggin, Assistant Principal

Lori Jewett, Guidance Director
Rick Acquilano, Athletic Director

March 8, 2021

Dear Parents and Gilford High and Middle School Students,

I am excited for the upcoming spring sports season. I look forward to a season filled with both excellence in academics and athletics. Furthermore, I truly understand the value in participating in athletics and hope you will choose a program to participate in. Athletics help our community come together and provide our athletes opportunities to pursue excellence in reaching team and personal goals.

This year as we continue to experience unprecedented disruptions to our daily lives due to the Covid19 pandemic, I am hopeful that a return to athletics will help to provide an opportunity for our young people to engage in athletic programming in a safe manner. Please know that we will again follow suggested practices to mitigate concerns involving student safety. We are still working on details regarding fan attendance and hope attendance this spring will be similar to what we did in the fall in allowing people on campus masked when they cannot achieve social distance. More information to follow. Also, we may again attempt to offer some opportunities for live streaming when possible.

The following is important information relating to participation in athletics at Gilford High & Middle School. For further information regarding high school eligibility, attendance and participation, please refer to the Student/Parent Handbook found on the GHS website: www.ghs@sau73.org

- Again this year ALL middle and high school athletics registrations will be done online through FamilyID (the link is provided here): [FamilyID](#)
- **Please note that the same email should be used each time a student is registered.**
- Please find ALL middle and high school athletic schedules on our website: gilfordathletics.com (you can choose to receive texts or email alerts when changes occur by signing up for specific schedules.)
- **For current athletes**, their physical, concussion and special health information will be loaded AFTER they are registered by Ms. Jenkins RN or Ms. Haddock RN. **IF they are not registered, they will not be allowed to start their season.**
- **For new athletes**, (previously have NOT participated in school athletics), please make sure there is a copy of a current physical to upload into the child's profile or forwarded it to mjenkins@sau73.org (GHS), or bhaddock@sau73.org (GMS)

Concussion Protocols

All students must have an impact test on file and repeated every two years in order to be eligible for participation in athletics at Gilford middle and high schools. Ms. Jenkins, and Mrs. Haddock, school nurses, will be contacting those students during the preseason and scheduling a date and time when they will need to take the impact test. The test is approximately 30 minutes long and will give a computer stored baseline measurement that certified medical professionals will be able to access.

The spring athletic season is beginning 3/29 in both the middle and high schools. A practice schedule will be provided by the coaches in the coming weeks. Interscholastic events (game play) will begin the week of 4/15, weather permitting.

As in the fall and winter, *all athletes must have their own water bottle clearly marked with their name on it.* No communal water will be available. Athletes should not share food, drinks, towels, or other personal care items.

Lastly, I appreciate how much our communities have done to support our athletes during this difficult time. It literally takes a village and in this case it takes two (Gilford-Gilmanton). Thank you in advance for adhering to our masking requirements and social distancing guidelines.

Best always,

Rick

Rick Acquilano, MA, CAA
Athletic Director
Gilford Middle/High School